



COLVILLE
COMMUNITY HEALTH TRUST

Kia ora!

Good news - the Manuka Honey - Kumarahou tonics are ready to go. If you are 65+ or have a health condition that leaves you with lowered immunity to viruses such as covid, colds or influenza, and would like to take advantage of this free gift, please contact Emily (colvilletrustmanager@gmail.com). The Health Trust would like to thank the donors of the honey (Shayne and Elizabeth McKenzie) and the kumarahou (KRC Products) and the team of volunteers who gave their time to make it happen.

In the coming weeks and months, we will be adding health supporting information to our website. If you haven't already, now is a great time to have a look and add your name to our subscribers list. It's the best way to keep up to date on our activities, and get notices of fundraising events, new articles and healthy living information arriving on the website. The website also has a link to our Givealittle page, making it easy to donate, if you would like to support what we do.

Website: www.colvillecommunityhealthtrust.com

Thank you, with your help, wonderful things happen!